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Franklin Fick is the author of Daoist Qi Gong in Ten Exercises (0.0 avg rating, 0 ratings, 0 reviews, published 2010), Five Animal Frolics (0.0 avg rating register

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About - shen long publishing

Over the years his path has led him to many different Martial Arts and Qi Gong teachers and Qi Gong Franklin was taught Frolics: Crane and Bear

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